

CONSTITUTION OF THE 7OAKS TRIATHLON CLUB

ADOPTED 11 JANUARY 2009
AMENDED 3 SEPTEMBER 2023
AMENDED 31st January 2026

Constitution

7OAKS TRIATHLON CLUB

1 Name

- 1.1 The Club is called 7Oaks Triathlon Club (*the “Club”*) (formerly Sevenoaks Triathlon Club) and also carries on its activities under the names “7Oaks Tri” and “7Oaks Tri Club” and adopts the following logo which is the property of the Club (*the “Logo”*).



The Club also owns the name Sevenoaks Triathlon Club as well as other similar derivatives thereof. The Club also owns the names 7Oaks Triathlon, 7Oaks Sprint Triathlon and similar derivatives thereof.

- 1.2 The Club is affiliated to The British Triathlon Federation via Triathlon England.
- 1.3 The Club may also be affiliated to such other sporting bodies as the members may approve from time to time at an Annual General Meeting or an Extraordinary General Meeting.

2 Aims and objectives

- 2.1 The aims and objectives of the Club are:
- To offer coaching and competitive opportunities in triathlon for athletes of all abilities;
 - To provide facilities for and to promote participation in triathlon and related disciplines in the community of Sevenoaks, Kent and surrounding areas including but not limited to the organisation of triathlon races for public entry each year;
 - To ensure a duty of care to all members of the Club;
 - To provide all of its services in a way that is fair to everyone;
 - To ensure that all members and applicants for membership receive fair and equal treatment;

- To be open, honest and transparent in all of its activities.

The Club's core values shall be **Transparency, Equality & Enjoyment**.

- 2.2 The Club accepts its responsibility to provide a duty of care to protect all children (and vulnerable adults) and to safeguard and promote their welfare, irrespective of age, disability, gender, racial origin, religious belief and sexual identity and it adopts the British Triathlon Safeguarding and Protecting Children Policy and recognises that the welfare of children is everyone's responsibility and that all children and young people have a right to have fun, be safe and be protected from harm.
- 2.3 The Club also adopts the British Triathlon Equality and Diversity Policy and the British Triathlon Clean Sport Commitment Statement on doping-free sport.
- 2.4 Each member agrees to treat each other member with respect and fairness.

3 Membership

- 3.1 Membership will consist of members of the Club according to this constitution.
- 3.2 There will not normally be any limit on the total membership of the Club but in the event of there being good reasons to limit the total membership, the Committee will put forward recommendations to be approved at an Annual General Meeting or an Extraordinary General Meeting.
- 3.3 Any limit on the total membership may be varied at an Annual General Meeting or Extraordinary General Meeting.
- 3.4 All members will be subject to the regulations of the constitution and by joining the Club will be deemed to accept the terms of this constitution and all other regulations and codes of conduct that the Club has adopted, copies of which will be posted on the website of the Club as soon as practicable after being adopted.
- 3.5 Members will be enrolled in one of the following categories:
 - **Triathlon Membership** (former name - full/wet) covers all regular club activities including pool swimming, club rides, run sessions, virtual training sessions, participation in club time trials, access to club kit, access to discounted strength & conditioning and attendance at club social events. Triathlon Members may also attend the Club Trip.
 - **Duathlon Membership** (former name - dry) covers the same as Triathlon membership without pool swimming.
 - **Cycle Club Membership** covers the same as Triathlon membership without pool swimming and the run sessions.
 - **Social Membership** is intended for those members who do not want to train with the club, but who would like to remain on the club communication channels and attend our social events. Social members will pay a one-off joining fee. Separate pricing will be determined on an event-by-event basis for subsidised club social events. Members who wish to attend the Club Trip must hold a social membership as a minimum.

- **Distant membership** is intended for those members who do not live in the Sevenoaks area but want to train with the club occasionally. These members will also be able to remain on the club communication channels. They will pay a one-off joining fee which will allow them to attend all sessions and provide access to non-subsidised club kit. They will be required to pay an additional amount per week or per month to attend pool swim sessions. Separate pricing will be determined on an event-by-event basis for subsidised club social events. Distant Members may also attend the Club Trip.
- **Trial Membership** is intended for those who want to try a one-month trial of the club. Trial members will be able to attend all the regular club training sessions for one month for a one-off cost.
- **Intro2Tri Membership** is intended for those members who want an introduction to Triathlon. The course runs for 6-8 weeks in the lead up to the annual race. Intro2Tri Membership covers all regular club activities, as well as additional bespoke Intro2Tri sessions for the duration of the 'Intro2Tri' course.

7Oaks Triathlon Club - Membership Types

<i>Sessions</i>	Triathlon (Swim/Bike/Run)	Duathlon (Bike/Run)	Cycle Club (Bike)	Social Socials only	Distant (Swim/Bike/Run)	Trial (Swim/Bike/Run)	Intro2Tri
Pool	✓				✓	✓	✓
Run	✓	✓			✓	✓	✓
Bike	✓	✓	✓		✓	✓	✓
S&C	✓	✓	✓		✓	✓	✓
Socials	✓	✓	✓	✓	✓	✓	✓
FB/WhatsApp	✓	✓	✓	✓	✓	✓	✓
Club Trip*	✓	✓	✓	✓	✓	✓	
Duration	Until Year End	Until Year End	Until Year End	Until Year End	Until Year End	30 days	6-8 weeks leading up to 7Oaks Sprint Triathlon
Notes	All Club activities	All Club activities except swimming	Cycling & Social Only	Social Only	Additional fee per week or month payable	Try out period	Includes additional sessions.

*Members who wish to attend the Club Trip must hold a social membership as a minimum.

** Distant members is for those members who do not live in Sevenoaks.

- 3.6 Members converting a Trial, Social or Distant membership to a Cycle Club, Duathlon or Triathlon membership will receive a discount on the upgraded membership to the value of the original amount paid.
- 3.7 Membership of all available categories is open to persons 18 year or older.
- 3.8 All members have the right to vote and be heard at Annual General Meetings and Extraordinary General Meetings of the Club.
- 3.9 Any person who wishes to become a member of the Club must apply online

- 3.10 The Club shall not refuse an application for membership on discriminatory grounds, whether in relation to ethnic origin, sex, age, religion, disability, nationality, political persuasion or sexual orientation.
- 3.11 The Club may refuse membership only for good and sufficient cause, such as conduct or character likely to bring the Club or the sports promoted by the Club into disrepute.
- 3.12 A member may resign from the Club on written notice to the Secretary and any resigning member is not entitled to any refund of membership fees.
- 3.13 A resigning member may transfer the remainder of their membership to another party, on written request to the committee.

4 Membership fees

- 4.1 Membership fees will be determined at the Annual General Meeting or at any Extraordinary General Meeting called for such purpose.
- 4.2 Membership fees will be paid annually and accrue each year from 1 January or on joining the Club.
- 4.3 Membership fees for returning members, which accrue from 1 January, are due by 31 January otherwise membership will automatically lapse. Previous members who have not renewed their memberships will not be allowed to partake in Club activities and will be removed from club communication channels. Non-members are not permitted to join the Club Cycle trip and must have social membership as a minimum
- 4.4 Honorary members will not be liable for the annual membership fees but will be liable for the other fees referred to in clause 4.4 above.
- 4.5 Committee Members must pay the same fees as other members of the Club.

5 The Committee

- 5.1 The committee of the Club comprises the following (together the “**Committee**” and each a “**Committee Member**”) and who will manage the Club for the benefit of the members:
- Chair
 - Vice Chair
 - Secretary
 - Treasurer
 - Club Welfare Officer
 - Marketing/Communications
 - Digital/Webmaster
 - New Member Rep
 - Social Secretary
 - Swim Rep
 - Cycle Rep
 - Run Rep
 - Race Director

- 5.2 Any Committee Member must be a member of the Club..
- 5.3 The Committee will be elected annually at the Annual General Meeting.
- 5.4 All Committee Members will retire each year at the Annual General Meeting of the Club but will be eligible for re-election.
- 5.5 The Committee will invite members to fill any vacancies on the Committee in between Annual General Meetings and any member selected by the Committee to fill any such vacancy will have full voting rights on the Committee and will retire each year at the Annual General Meeting of the Club but will be eligible for re-election.

6 Responsibilities and conduct of the Committee

- 6.1 Meetings of the Committee will be convened by the Secretary and will be held no less than four times per year. Members of the Committee may attend a committee meeting by telephone.
- 6.2 Resolutions of the Committee will be decided by majority vote of those in attendance and in the event of deadlock or split vote the Chair carries an additional casting vote.
- 6.3 The quorum required for business to be agreed at meetings of the Committee will be five, of which no less than three Committee Members must attend the meeting in person and at least two of the Chair, Secretary and Treasurer must be present at such meeting.
- 6.4 The Committee will be responsible for adopting new policy, codes of conduct and rules that affect the organisation of the Club and which will bind members of the Club, provided that any such policies, codes of conduct or rules do not conflict with the terms or intention of this constitution and are posted on the Club website and emailed to members using the usual email distribution list as soon as reasonably practicable.
- 6.5 The Committee has the power to appoint sub-committees as necessary and appoint advisers to the Committee as necessary to fulfil its business.
- 6.6 The Committee will be responsible for disciplinary hearings of members who infringe the Club rules and/or regulations and/or constitution or otherwise act against the interests of the Club or the sport or bring the Club or sport into disrepute. The Committee will be responsible for taking any action of suspension or discipline following such hearings.
- 6.7 The Committee may not incur expenditure on any new assets or activities in excess of a limit to be established each year by the members at the Annual General Meeting. For clarity, the limit will be for any item of proposed expenditure not the total expenditure for the year. Any proposed expenditure in excess of this limit will require prior approval of the members at an Extraordinary General Meeting.

7 Finance

- 7.1 All Club monies, including membership fees and race income, will be banked in an account or accounts held in the name of the Club. The account(s) may be managed by electronic banking.

- 7.2 All surplus income or profits are to be reinvested in the Club. No surpluses or assets will be distributed to members or third parties.
- 7.3 The Treasurer will be responsible for managing the finances of the Club including electronic banking.
- 7.4 The financial year of the Club will end on 31 December.
- 7.5 The Treasurer, the Committee, the Independent Audit Committee (as defined below) or the members at an Annual General Meeting or Extraordinary General Meeting may require the annual accounts to be audited by a local firm of Chartered Accountants (the “**Auditor**”).
- 7.6 Any cheques drawn against Club funds should hold the signatures of the Treasurer plus one of up to three other Committee Members (the “**Designated Signatories**”). The names of the Designated Signatories shall be agreed at the AGM.
- 7.7 The Treasurer will have sole authority to manage all aspects of electronic banking including authorising payments. However, any electronic payments shall be approved in advance by one of the Designated Signatories. Electronic payment limits shall be agreed at the AGM.
- 7.8 Any system used by the Club to manage the memberships and the race will be linked to the Club account(s) and funds received via these systems will be transferred regularly to the Club account(s).
- 7.9 The Committee shall be responsible for regularly reviewing electronic transactions and bank statements.
- 7.10 The Treasurer will publish the annual and any interim accounts of the Club on the Club website.
- 7.11 The Treasurer will maintain a list of the property of the Club and the name of the Club, the names “7Oaks Triathlon” and “Sevenoaks Sprint Triathlon” and the Logo are the property of the Club.
- 7.12 Any member of the Club may inspect any aspect of the Club finances on reasonable request to the Treasurer, including on reasonable notice access to bank statements, chequebooks, invoices and other documents in the possession of the Treasurer.

8 Independent Audit Committee

- 8.1 The members of the Club shall at the Annual General Meeting appoint an independent committee termed the “Independent Audit Committee” consisting of not less than two and not more than four members of the Club who cannot either be Committee Members of the Club in the previous year or standing for election as Committee Members at such Annual General Meeting.
- 8.2 The Independent Audit Committee will work with the Treasurer and Auditor (if appointed) to prepare and review the annual Club accounts and report on the annual accounts at the Annual General Meeting.

- 8.3 Each member of the Independent Audit Committee will retire each year at the Annual General Meeting of the Club but will be eligible for re-election (unless ineligible under clause 8.1 above).

9 Annual General Meetings

- 9.1 The Annual General Meeting (the “AGM”) of the Club will be held in January each year.

- 9.2 The purpose of the AGM is to transact the following business:

- to receive a report from the Committee of the activities of the Club during the previous year;
- to receive a presentation by the Treasurer and the Independent Audit Committee of the annual accounts;
- to elect the Committee;
- to elect the Independent Audit Committee;
- to decide if an Auditor should be appointed;
- to approve the expenditure threshold of the Committee for the next year;
- to decide on the renewal of any Honorary memberships;
- to decide on any other matters referred to in the notice of the AGM.

- 9.3 Nominations for Committee Members and members of the Independent Audit Committee will be sent by the proposer and the seconder to the Secretary prior to the AGM including confirmation that the proposed Committee Member or Independent Audit Committee member is willing to stand for election.

- 9.4 A member must give the Secretary no less than 14 days notice of any other resolution that they wish to be moved at the AGM.

10 Extraordinary General Meetings

- 10.1 An Extraordinary General Meeting (an “EGM”) may be called at any time by the Committee and shall be called by the Club within 28 days of receipt by the Secretary of a requisition in writing signed by not less than 10 per cent of the then current members of the Club, stating the purposes for which the meeting is required and the resolutions proposed.

- 10.2 Resolutions to be moved at EGMs must be specific and detailed.

11 Procedure at Annual General Meetings and Extraordinary General Meetings

- 11.1 The Secretary will give the notices of the AGM and any EGM by electronic communication. Details will be published on the Club website and also by sending an email to each member

using the usual email distribution list of the Club in each case no less than 14 days prior to the proposed meeting and setting out details of the date, venue and agenda and the requisite attendance for there to be a quorum at the meeting.

- 11.2 A statement of the annual accounts will be sent by the Treasurer to members by posting details on the Club website and sending an email to each member using the usual email distribution list of the Club at least 5 days prior to each Annual General Meeting.
- 11.3 The quorum for AGMs and EGMs will be such number of the members of the Club that comprise no less than the greater of 25 members or 15 per cent of the membership of the Club at the date notice of the AGM or EGM is given. For the purposes of calculating the quorum, Committee Members count as members.
- 11.4 The Chair shall be the chair of the AGM and EGM or in the absence of the Chair, the Vice Chair. Each member present at the meeting shall be entitled to one vote and resolutions shall (subject to clause 14 and 15) be passed by a simple majority. In the event of a deadlock or split vote the chair of the meeting shall have an additional casting vote.
- 11.5 Only paid up members are entitled to vote at the AGM or EGM. They can do so either in person or by proxy, using the Club's Proxy Form and Guidelines applicable at the time of the meeting.
- 11.6 The Secretary shall take minutes of the AGMs and EGMs and publish the minutes on the Club website including a tally of votes where taken as soon as reasonably practicable.

12 Discipline and appeals

- 12.1 All complaints regarding the behaviour of members should be submitted in writing to the Secretary and the Secretary shall as soon as reasonably practicable notify the member the subject of the complaint of the details and the date for a hearing by the Committee.
- 12.2 The Committee will meet to hear complaints within 21 days of a complaint being lodged.
- 12.3 The member, the subject of disciplinary proceedings, and the person who lodged the complaint must be given the opportunity to be heard by the Committee. The member, the subject of the disciplinary proceedings, may, if such member chooses, be represented by or accompanied by another member at such hearing.
- 12.4 The Committee has the power to take appropriate disciplinary action including the termination of membership but in the event of a decision to terminate membership, the Committee must reach a majority decision of those in attendance.
- 12.5 The outcome of a disciplinary hearing should be notified in writing to the person who lodged the complaint and the member against whom the complaint was made within 5 days of the hearing.
- 12.6 There will be the right of appeal to the Committee following disciplinary action being notified in accordance with clause 13.5 above; any appeal to be in writing to the Secretary within 14 days of such notice.

- 12.7 The member, the subject of disciplinary proceedings, and the person who lodged the complaint must be given the opportunity to be heard by the Committee at any appeal. The member, the subject of the disciplinary proceedings, may, if the member chooses, be represented or accompanied by another member at such hearing.
- 12.8 The Committee should consider the appeal within 14 days of the Secretary receiving the appeal and notify the relevant member and the person who lodged the complaint of the outcome within 5 days thereafter.
- 12.9 No announcement will be made by the Committee to the members in general of the outcome of disciplinary proceedings until the appeals procedure is either not utilised or is completed.

13 Dissolution

- 13.1 A resolution to dissolve the Club can only be passed at an EGM through a vote of the membership where 75 per cent or more of those voting approve the resolution.
- 13.2 In the event of dissolution of the Club, any assets remaining after the satisfaction of all debts and liabilities shall be given or transferred to:
- another registered Community Amateur Sports Club;
 - a registered charity; or
 - the sport's governing body for use by them in related community sports.

14 Amendments to the constitution

The constitution may only be changed by a resolution at the AGM or an EGM through a vote of the membership where 75 per cent or more of those voting approve the resolution.

16 Declaration

7Oaks Triathlon Club hereby adopts and accepts this constitution as a current operating guide regulating the actions of members and the furtherance of the aims and objectives of the Club.

Signed: 

Date: 31st January 2026

Name: Simon Mann
Chair

Signed: *Elena Lorente*

Date: 31st January 2026

Name: Elena Lorente
Secretary