

SEVENOAKS TRIATHLON ON 15th SEPT 1991

A. Arranged by TRI 7 Triathlon Club

Thank you for entering the Sevenoaks Triathlon. We wish you every success and hope you enjoy the event. Together with this letter giving race details, we enclose:

1. Your Start time.
2. Bike and run route map.
3. Details on how to get here.

On arrival, please follow the marshall directions when parking.
Remember, people may be racing before you get here.

Bike and Helmet Check

Your bike and helmet will be checked before registration.

Registration

Registration will take place in the Sevenoaks Swimming Centre from 5.45am. Please ensure you register at least 30 minutes before your start time. You will be numbered on your arms and legs and will collect:-

Run and bike numbers, to be worn on back throughout the bike section and front during run.

Details of the transition area will be clearly shown. Please ask if you have any questions or need advice.

Transition Area

Race Competitors ONLY are allowed in the Transition Area - no helpers or spectators.
Please place your bike in the racks provided, together with all your clothing/shoes as required.

Swim

You will be called to the pool side five minutes before your start time. The swim consists of 16 lengths of the pool (400m). On completion, exit the pool via the door marked to the transition area. When entering the transition area, please call out your number to the timekeepers.

Bike

Your bike must be in a roadworthy condition - it will be checked. Any bike failing will have to be corrected by the competitor and rechecked.

Hard shell helmets meeting the ANSI standard MUST be worn - you will be disqualified without one.

(This will also be checked)

The route comprises of three laps totalling 19.5 miles. The route is given on the map enclosed. Please ensure your race number is visible at all times. Nobody is allowed to ride the bike in or out of the transition area - you must walk/run with it to and from the exit/entrance.

MEMBER - it is your responsibility to obey the rules of the road.

Run

On leaving the transition area, drinks will be provided. Please shout out your race number so split times can be recorded and make sure it is clearly visible on your front. The route is through Knole Park and should be traffic free.

Follow signs and marshalls' direction - giving your number whenever requested.

Please shout out your number as you cross the finish line and collect your well-earned finisher's medal.

After the event, drinks will be provided, together with T-shirt and some complimentary food.

To collect food pack and T-shirt, you must hand in your race numbers at registration

- No numbers, no food or T-shirt.

Prize Giving

The first competitor starts at 6.30am. The last starting at 10.45am. Hopefully all competitors will have finished by 12.30pm. Prize-giving will take place as soon as possible after the last finisher.

RUN & CYCLE MAPS P.T.O

1991

| No. | Name | Club | Cat | Swim Time | Art Time |
|-----|-------------------|----------------------|-----|-----------|----------|
| 130 | Stephen Martin | East Grinstead T.C | M | 08:00 | 08:39 |
| 131 | Sandra Recknagel | Eastbourne Conqueror | | 08:00 | 08:40 |
| 132 | Peter Shouls | U/A | | 08:00 | 08:41 |
| 133 | Peter Rudolf | City Strollers | V | 08:00 | 08:42 |
| 134 | Paul Sharp | Met Police Tri Club | V | 08:00 | 08:43 |
| 135 | Paul Oldfield | U/A | V | 08:00 | 08:44 |
| 136 | Paul Dean | U/A | V | 08:00 | 08:45 |
| 137 | Patrica Legg | Club Delta | V | 08:00 | 08:46 |
| 138 | Pat Reed | Cambridge Harriers | | 08:00 | 08:47 |
| 139 | Nigel Fisher | Farnham T.C | | 08:00 | 08:48 |
| 140 | Nicholas Spinks | U/A | | 08:00 | 08:49 |
| 141 | Neville Baldwin | U/A | V | 08:00 | 08:50 |
| 142 | Martin Hursey | Kent Fire Brigade | | 08:00 | 08:51 |
| 143 | Malcolm Hudson | Cambridge Harriers | V | 08:00 | 08:52 |
| 144 | Isla Jones | U/A | | 08:00 | 08:53 |
| 145 | Kevin Hobbs | U/A | | 08:00 | 08:54 |
| 146 | Kathryn Anderson | Tri-7 | | 08:00 | 08:55 |
| 147 | Julia McNulty | Tunbridge Wells T.C | | 08:00 | 08:56 |
| 148 | John Skinner | U/A | | 08:00 | 08:57 |
| 149 | Jason Mann | South Devon T.C | | 08:00 | 08:58 |
| 150 | Ian Gowing | U/A | | 08:00 | 08:59 |
| 151 | Henryk Gromadzki | City Strollers | | 08:00 | 09:00 |
| 152 | Grenville Woodley | Thames Valley T.C | | 08:00 | 09:01 |
| 153 | Greg Gyton | U/A | | 08:00 | 09:02 |
| 154 | Graham Shouls | U/A | | 08:00 | 09:03 |
| 155 | Gary Bass | U/A | | 08:00 | 09:04 |
| 156 | Ewan Kennedy | U/A | | 08:00 | 09:05 |
| 157 | Douglas Warher | U/A | J | 08:00 | 09:06 |
| 158 | David Woodbury | East Essex Tri Club | | 08:00 | 09:07 |
| 159 | David Simpson | Sevenoaks | V | 08:00 | 09:08 |
| 160 | David McNulty | U/A | | 08:00 | 09:09 |
| 161 | David Barton | Kent Fire Brigade | | 08:00 | 09:10 |
| 162 | David Arlen | Thames Turbo | V | 08:00 | 09:11 |
| 163 | Dave Reynolds | White Oak Tri Club | | 08:00 | 09:12 |
| 164 | Garren Wolfendale | Deal Tri Club | | 08:00 | 09:13 |
| 165 | Alan Rule | Club 3 | V | 08:00 | 09:14 |
| 166 | Pat Halstead | U/A | V | 08:00 | 09:15 |
| 167 | Robert Meller | Forbanks A.C | V | 08:00 | 09:16 |
| 168 | Richard Turton | White Oak Tri Club | | 08:00 | 09:17 |
| 169 | Julie Stoddart | 1000 Triathletes | | 08:00 | 09:18 |
| 170 | Trevor Oakley | Tri Sport Epping | | 08:00 | 09:19 |
| 171 | Tony Smith | East Essex Tri Club | | 08:00 | 09:20 |
| 172 | Tony Hart | U/A | | 08:00 | 09:21 |
| 173 | Sean Champion | East Essex Tri Club | | 08:00 | 09:22 |
| 174 | Paul Gerrard | U/A | | 08:00 | 09:23 |
| 175 | Nigel Bodycomb | Yak Quadrathletes | | 08:00 | 09:24 |
| 176 | Nicholas Albery | U/A | J | 08:00 | 09:25 |
| 177 | Michael Jopping | U/A | | 08:00 | 09:26 |
| 178 | Mark Kibbelswhite | U/A | | 08:00 | 09:27 |
| 179 | Mark Parley | Portslade Old Boys | | 08:00 | 09:28 |
| 180 | Maggie Kirk | Kingfisher T.C | V | 08:00 | 09:29 |
| 181 | Kenneth Inghwell | North Kent Tri Club | V | 08:00 | 09:30 |
| 182 | Julian Cooke | Greenwich Tritons | | 08:00 | 09:31 |
| 183 | Sean Marc Bazzone | Met Police Tri Club | | 08:00 | 09:32 |
| 184 | Ian Paddock | U/A | | 08:00 | 09:33 |
| 185 | Ian Jasper | U/A | | 08:00 | 09:34 |
| 186 | Augh Lindskog | Tunbridge Wells T.C | V | 08:00 | 09:35 |
| 187 | Derina Forder | Kingfisher Tri | V | 08:00 | 09:36 |
| 188 | Darren Stanley | Portslade Old Boys | | 08:00 | 09:37 |
| 189 | Andrew Fessey | Eastbourne Conqueror | | 08:00 | 09:38 |
| 190 | Michael Williams | North Kent Tri Club | | 08:00 | 09:39 |
| 191 | Michael Osbourne | Samum T.C | | 08:00 | 09:40 |
| 192 | Steven Turner | East Essex Tri Club | | 08:00 | 09:41 |
| 193 | Ronald Knaap | Kingfisher T.C | | 08:00 | 09:42 |

| No. | Name | Club | Cat | Swim Time | Start Time |
|-----|-------------------|---------------------|-----|-----------|------------|
| 194 | Roger Griffiths | Kingfisher T.C | V | 07:00 | 09:43 |
| 195 | Richard Thatcher | Tunbridge Wells T.C | V | 07:00 | 09:44 |
| 196 | Peter Lee | 690 Independent | V | 07:00 | 09:45 |
| 197 | Paul Allen | London & Edin. Ins | | 07:00 | 09:46 |
| 198 | Mike Miles | Greenwich Tritons | V | 07:00 | 09:47 |
| 199 | Martin Osborne | U/A | | 07:00 | 09:48 |
| 200 | Mark Ashwell | U/A | | 07:00 | 09:49 |
| 201 | Kevin Basson | 35 Engineers Reg. | | 07:00 | 09:50 |
| 202 | John Kendall | U/A | V | 07:00 | 09:51 |
| 203 | Jason Horne | Tri-7 | | 07:00 | 09:52 |
| 204 | Ian Kesterton | Samum T.C | V | 07:00 | 09:53 |
| 205 | Graham Channon | U/A | V | 07:00 | 09:54 |
| 206 | Gary Hart | East London T.C | | 07:00 | 09:55 |
| 207 | David Gatward | White Oak Tri Club | | 07:00 | 09:56 |
| 208 | Colin Cooper | East Essex Tri Club | V | 07:00 | 09:57 |
| 209 | Anthony Kesterton | Samum T.C | V | 07:00 | 09:58 |
| 210 | Andy Ekall | Tri-7 | V | 07:00 | 09:59 |
| 211 | Dean Thurlow | North Kent Tri Club | V | 07:00 | 10:00 |
| 212 | Rovena Lermox | Tunbridge Wells T.C | V | 07:00 | 10:01 |
| 213 | Nina Ford | Tunbridge Wells T.C | V | 07:00 | 10:02 |
| 214 | Nicholas Marsh | Deal Tri Squad | | 07:00 | 10:03 |
| 215 | Oliver Stevens | Tunbridge Wells T.C | | 07:00 | 10:04 |
| 216 | Stephen Johnson | Thames Valley T.C | | 07:00 | 10:05 |
| 217 | Peter Cottrell | U/A | | 07:00 | 10:06 |
| 218 | Paul Curry | U/A | | 07:00 | 10:07 |
| 219 | Nigel Collet | Lea Sports Club | | 07:00 | 10:08 |
| 220 | John Broom | U/A | | 07:00 | 10:09 |
| 221 | Ian Weeks | U/A | | 07:00 | 10:10 |
| 222 | Freddie Spring | East Essex Tri Club | | 07:00 | 10:11 |
| 223 | David Cross | Met Police Tri Club | | 07:00 | 10:12 |
| 224 | Cris Trueman | Uckfield T.C | | 07:00 | 10:13 |
| 225 | Corinna Johnson | Thames Valley T.C | V | 07:00 | 10:14 |
| 226 | Anthony Baker | U/A | | 07:00 | 10:15 |
| 227 | Stuart Walker | East Grinstead T.C | | 07:00 | 10:16 |
| 228 | Shane Jones | London & Edin. Ins | | 07:00 | 10:17 |
| 229 | S. Findlay-Wilson | North Kent Tri Club | | 07:00 | 10:18 |
| 230 | Peter Robins | U/A | | 07:00 | 10:19 |
| 231 | Mark Horne | Tri-7 | | 07:00 | 10:20 |
| 232 | Terry Donovan | U/A | | 07:00 | 10:21 |
| 233 | Steve Willocks | U/A | J | 07:00 | 10:22 |
| 234 | Roger King | North Kent Tri Club | | 07:00 | 10:23 |
| 235 | Nicholas Carey | U/A | | 07:00 | 10:24 |
| 236 | Michael Hunter | U/A | | 07:00 | 10:25 |
| 237 | Kieren Rose | North Kent Tri Club | | 07:00 | 10:26 |
| 238 | Carl Harder | U/A | J | 07:00 | 10:27 |
| 239 | Geoff Cooks | Thanet Road Runners | V | 07:00 | 10:28 |
| 240 | Gary Bull | Tunbridge Wells T.C | | 07:00 | 10:29 |
| 241 | David Hibbins | U/A | V | 07:00 | 10:30 |
| 242 | Carl Adams | U/A | | 07:00 | 10:31 |
| 243 | Nigel Lead | Tunbridge Wells T.C | | 07:00 | 10:32 |
| 244 | Brian Cooley | Greenwich Tritons | | 07:00 | 10:33 |
| 245 | Simon Proctor | North Kent Tri Club | | 07:00 | 10:34 |
| 246 | Martin Ballard | Greenwich Tritons | | 07:00 | 10:35 |
| 247 | Keith Roshier | T.P.A. D.C | | 07:00 | 10:36 |
| 248 | Anthony Lee | Team Trident | | 07:00 | 10:37 |
| 249 | Peter Game | Greenwich Tritons | | 07:00 | 10:38 |
| 250 | Paul Hill | 24th Nomads | | 07:00 | 10:39 |
| 251 | Mark Tomley | East Essex Tri Club | | 07:00 | 10:40 |
| 252 | Ian Weeks | East Grinstead T.C | J | 07:00 | 10:41 |
| 253 | Andrew Jackson | Thames Valley T.C | | 07:00 | 10:42 |

| No. | Name | Club | Cat | Swim Time | Start Time |
|-----|---------------------|---------------------|-----|-----------|------------|
| 001 | Peter Ring | Datchet Dashers | M | 35:00 | 06:30 |
| 002 | Stuart Matthews | White Oak Tri Club | M | 35:00 | 06:31 |
| 003 | Lorraine Collier | White Oak Tri Club | M | 35:00 | 06:32 |
| 004 | Julie Pearse | U/A | M | 35:00 | 06:33 |
| 005 | Howard Coates | U/A | M | 35:00 | 06:34 |
| 006 | Edward Oatley | U/A | M | 35:00 | 06:35 |
| 007 | Richard Lester | U/A | M | 35:00 | 06:36 |
| 008 | Peter Seaden-Jones | U/A | M | 35:00 | 06:37 |
| 009 | Paul Holland | Hingate Harriers | M | 35:00 | 06:38 |
| 010 | Martin Holland | Hingate Harriers | M | 35:00 | 06:39 |
| 011 | Peter Pallatt | Sevenoaks Rnd Table | M | 35:00 | 06:40 |
| 012 | Maxine Barley | U/A | M | 35:00 | 06:41 |
| 013 | David Gibson | U/A | M | 35:00 | 06:42 |
| 014 | Anthony Nester | U/A | M | 35:00 | 06:43 |
| 015 | Vicki Sealey | U/A | M | 35:00 | 06:44 |
| 016 | Rudi Sealey | U/A | M | 35:00 | 06:45 |
| 017 | Thomas Burnham | Orpington R.R | M | 35:00 | 06:46 |
| 018 | Stephen Mortimer | U/A | M | 35:00 | 06:47 |
| 019 | Stephen Apps | Club Delta | J | 35:00 | 06:48 |
| 020 | Robert Harlow | Sevenoaks Rnd Table | M | 35:00 | 06:49 |
| 021 | Robert Cox | U/A | M | 35:00 | 06:50 |
| 022 | Paul Thompson | U/A | M | 35:00 | 06:51 |
| 023 | Paul Abnett | White Oak Tri Club | M | 35:00 | 06:52 |
| 024 | Patricia Henneson | U/A | M | 35:00 | 06:53 |
| 025 | Onagh O'Sullivan | U.P.A.D.C | M | 35:00 | 06:54 |
| 026 | Nigel Batt | U/A | M | 35:00 | 06:55 |
| 027 | David Chapman | U/A | M | 35:00 | 06:56 |
| 028 | Brian Ashby | U/A | M | 35:00 | 06:57 |
| 029 | Michael Wheeler | U/A | M | 35:00 | 06:58 |
| 030 | Jennifer Longley | U/A | M | 35:00 | 06:59 |
| 031 | Janice Bridges | Cambridge Harriers | M | 35:00 | 07:00 |
| 032 | Janet Stevens | U/A | M | 35:00 | 07:01 |
| 033 | James Sealey | U/A | M | 35:00 | 07:02 |
| 034 | Ian Kitchensham | U/A | M | 35:00 | 07:03 |
| 035 | Ian Fenn | Sevenoaks | M | 35:00 | 07:04 |
| 036 | Gordon Robinson | U/A | M | 35:00 | 07:05 |
| 037 | Gill Wallis | U/A | M | 35:00 | 07:06 |
| 038 | Gary Tieran | U/A | M | 35:00 | 07:07 |
| 039 | David Sealey | U/A | M | 35:00 | 07:08 |
| 040 | Nicos Kyrianiou | U/A | M | 35:00 | 07:09 |
| 041 | Daniel Wallis | U/A | M | 35:00 | 07:10 |
| 042 | Christopher Bigwood | U/A | M | 35:00 | 07:11 |
| 043 | Carolyn Fenn | U/A | M | 35:00 | 07:12 |
| 044 | Michael Wilkinson | U/A | M | 35:00 | 07:13 |
| 045 | Rae Lee | U/A | M | 35:00 | 07:14 |
| 046 | Patrick Austin | U/A | M | 35:00 | 07:15 |
| 047 | Michael Cole | U/A | M | 35:00 | 07:16 |
| 048 | Peter Stroud | North Kent Tri Club | M | 35:00 | 07:17 |
| 049 | Kay Mitchell | Orpington R.R | M | 35:00 | 07:18 |
| 050 | Allison Adams | U/A | M | 35:00 | 07:19 |
| 051 | Alan Broom | U/A | M | 35:00 | 07:20 |
| 052 | Denny Marshall | Cambridge Harriers | M | 35:00 | 07:21 |
| 053 | Victor Barley | U/A | M | 35:00 | 07:22 |
| 054 | Stephen Macdonald | Met Police Tri Club | M | 35:00 | 07:23 |
| 055 | Patricia Johns | U/A | M | 35:00 | 07:24 |
| 056 | Michael Hewson | U/A | M | 35:00 | 07:25 |
| 057 | Michael Adams | U/A | M | 35:00 | 07:26 |
| 058 | Matthew Stephenson | U/A | M | 35:00 | 07:27 |
| 059 | Lisa Nash | U/A | M | 35:00 | 07:28 |
| 060 | Kenneth Baksh | Forbanks A.C | M | 35:00 | 07:29 |
| 061 | John Dent | Sevenoaks A.C | M | 35:00 | 07:30 |
| 062 | Ian Sturges | U/A | M | 35:00 | 07:31 |
| 063 | Gordon Stevens | U/A | M | 35:00 | 07:32 |
| 064 | David Wray | Met Police Tri Club | M | 35:00 | 07:33 |

| No. | Name | Club | Cat | Swim Time | Start Time |
|-----|--------------------|---------------------|-----|-----------|------------|
| 065 | David Hinds | Cambridge Harriers | MV | 12:00 | 07:34 |
| 066 | Colin Saunders | U/A | MV | 12:00 | 07:35 |
| 067 | Christopher Bray | U/A | MV | 12:00 | 07:36 |
| 068 | Michael Hicks | U.P.A.D.C | MV | 12:00 | 07:37 |
| 069 | Martyn King | U/A | MV | 12:00 | 07:38 |
| 070 | Martin Broadhurst | U/A | MV | 12:00 | 07:39 |
| 071 | Jack Lee | U/A | J | 12:00 | 07:40 |
| 072 | Geoffrey Smith | U/A | MV | 12:00 | 07:41 |
| 073 | Christopher Brown | U/A | MV | 12:00 | 07:42 |
| 074 | Callum Walker | U/A | MV | 12:00 | 07:43 |
| 075 | Norman Firth | Larkfield L.C | MV | 12:00 | 07:44 |
| 076 | Graham Collins | Sarum T.C | MV | 12:00 | 07:45 |
| 077 | Susan Smith | U/A | MV | 12:00 | 07:46 |
| 078 | Susan Hudson | Cambridge Harriers | FV | 12:00 | 07:47 |
| 079 | Steven Smith | U/A | MV | 12:00 | 07:48 |
| 080 | Steve Penny | U/A | MV | 12:00 | 07:49 |
| 081 | Stephen Saunders | U/A | MV | 12:00 | 07:50 |
| 082 | Stephanie Corke | U/A | MV | 12:00 | 07:51 |
| 083 | Peter Browne | Tunbridge Wells T.C | MV | 12:00 | 07:52 |
| 084 | Paul Sullen | White Oak Tri Club | MV | 12:00 | 07:53 |
| 085 | Paul Leferve | London Road Runners | MV | 12:00 | 07:54 |
| 086 | Nigel Turley | U/A | MV | 12:00 | 07:55 |
| 087 | Nigel Gopper | U/A | MV | 12:00 | 07:56 |
| 088 | Nigel Ann | U/A | MV | 12:00 | 07:57 |
| 089 | Nicola Mann | South Devon T.C | MV | 12:00 | 07:58 |
| 090 | John Newport | U/A | MV | 12:00 | 07:59 |
| 091 | John Baziel | Sevenoaks | MV | 12:00 | 08:00 |
| 092 | Jeffrey Digwell | East Grinstead T.C | MV | 12:00 | 08:01 |
| 093 | Jean-Pierre Darque | U/A | MV | 12:00 | 08:02 |
| 094 | James Albery | U/A | MV | 12:00 | 08:03 |
| 095 | Barry Stanley | U/A | MV | 12:00 | 08:04 |
| 096 | Granville Bantick | U/A | MV | 12:00 | 08:05 |
| 097 | Graham Osborn | Cambridge Harriers | MV | 12:00 | 08:06 |
| 098 | Don Smith | East Grinstead T.C | MV | 12:00 | 08:07 |
| 099 | Diane Hill | U/A | MV | 12:00 | 08:08 |
| 100 | Colin Keane | U/A | MV | 12:00 | 08:09 |
| 101 | Brian Low | U/A-7 | MV | 12:00 | 08:10 |
| 102 | Arthur Johns | U/A | MV | 12:00 | 08:11 |
| 103 | Allan Hatch | U/A | MV | 12:00 | 08:12 |
| 104 | Alan Wood | U/A | MV | 12:00 | 08:13 |
| 105 | Gary Rouse | U/A | MV | 12:00 | 08:14 |
| 106 | Ernie Cole | U/A | MV | 12:00 | 08:15 |
| 107 | Tony Woolven | Sevenoaks | MV | 12:00 | 08:16 |
| 108 | Roger Korpe | U/A-7 | MV | 12:00 | 08:17 |
| 109 | Richard Birs | U/A | MV | 12:00 | 08:18 |
| 110 | Tom Begley | U/A | MV | 12:00 | 08:19 |
| 111 | Tim McKenzie | U/A | MV | 12:00 | 08:20 |
| 112 | Sean Cutley | U/A | MV | 12:00 | 08:21 |
| 113 | Peter Piercy | U/A | MV | 12:00 | 08:22 |
| 114 | Kevin Tims | U/A | MV | 12:00 | 08:23 |
| 115 | John Rowlands | Epping Tri Club | MV | 12:00 | 08:24 |
| 116 | Erdal Yavash | U/A | MV | 12:00 | 08:25 |
| 117 | David Plunkett | U/A | MV | 12:00 | 08:26 |
| 118 | Dagmar Junghans | U/A | MV | 12:00 | 08:27 |
| 119 | Anthony Walshe | U/A | MV | 12:00 | 08:28 |
| 120 | A Spelling | U/A | MV | 12:00 | 08:29 |
| 121 | Roy Watson | Met Police Tri Club | MV | 12:00 | 08:30 |
| 122 | Johnathon Broaden | U.P.A.D.C | MV | 12:00 | 08:31 |
| 123 | Brendan Whyatt | East London T.C. | MV | 12:00 | 08:32 |
| 124 | Martin Attfield | U/A | MV | 12:00 | 08:33 |
| 125 | Zena Curry | U/A | MV | 12:00 | 08:34 |
| 126 | Susan Weeks | East Grinstead T.C | FV | 12:00 | 08:35 |
| 127 | Steve Watkinson | U/A | MV | 12:00 | 08:36 |
| 128 | Steve Pentall | Barking & Dagenham | MV | 12:00 | 08:37 |
| 129 | Simon McKeating | U/A | MV | 12:00 | 08:38 |