

SEVENOAKS TRIATHLON 1993

FINAL RESULTS

Pos	Number	Name	Club	Cat	Total Time	SWIM Time	CYCLE Time	RUN Time
001	305	Mark Stenning	Total Fitness	M	01:25:53	00:04:13	00:51:58	00:29:42
002	237	Michael Smith	Tun Wells Tri Club	M	01:30:54	00:06:38	00:55:02	00:29:14
003	298	Julian Clark	North Kent Tri	M	01:32:16	00:05:41	00:52:26	00:34:09
004	288	David Gatward	White Oak T.C	M	01:32:22	00:06:00	00:53:22	00:33:00
005	084	Andy Verrall	Tun Wells Tri Club	M	01:34:39	00:10:11	00:52:56	00:31:32
006	245	Jeff Lynch	Unattached	M	01:34:45	00:07:10	00:52:54	00:34:41
007	271	Trevor Oakley	Tri sport Epping	M	01:35:03	00:05:08	00:56:03	00:33:52
008	116	Liam Collins	Unattached	M	01:36:23	00:06:46	00:57:31	00:32:06
009	238	Julian Cooke	Greenwich Tritons	M	01:36:32	00:07:23	00:56:36	00:32:33
010	296	Philip Bradley	Unattached	M	01:36:44	00:04:49	00:56:54	00:35:01
011	289	Nicholas Carey	White Oak T.C	M	01:38:02	00:05:22	00:58:41	00:33:59
012	286	Griff Murphy	North Kent Tri	M	01:38:34	00:06:10	00:58:20	00:34:04
013	264	Mick Topping	Unattached	M	01:38:50	00:06:36	00:57:01	00:35:13
014	301	David Wray	Met Police T.C	M	01:39:20	00:05:31	00:57:50	00:35:59
015	300	Mike Russell	Tri-Mad	MV	01:40:26	00:06:52	00:57:32	00:36:02
016	011	Simon Proctor	North Kent Tri	M	01:40:44	00:05:48	00:59:42	00:33:14
017	249	Robert McDowell	Tri sport Epping	MV	01:41:29	00:07:08	00:57:05	00:37:16
018	198	Ray Barwell	London Fire Brigade	M	01:41:43	00:06:09	01:00:02	00:35:32
019	180	Roger Jackerman	Met Police T.C	MV	01:42:02	00:07:00	00:58:38	00:36:24
020	215	Nick Bridger	1066 Tri Club	M	01:42:05	00:07:34	00:58:48	00:35:43
021	294	Michael Coupe	Coasters	M	01:42:20	00:07:00	00:58:22	00:36:58
022	230	Graham Axe	East Essex Tri	M	01:42:23	00:07:08	00:59:38	00:35:37
023	241	Peter Rudolf	City Strollers	MV	01:42:24	00:07:00	01:00:06	00:35:18
024	268	Chris Truman	Unattached	M	01:42:54	00:07:00	01:02:09	00:33:45
025	146	Len Norman	1066 Tri Club	MV	01:44:06	00:16:39	00:50:51	00:36:36
026	161	Roger Mullailey	Unattached	MV	01:44:34	00:09:16	01:00:02	00:35:16
027	203	Ian Weston	Coasters	M	01:44:37	00:07:38	00:58:37	00:38:22
028	155	Andrew Dodd	Unattached	M	01:45:09	00:08:29	00:59:33	00:37:07
029	265	Stuart Walker	Unattached	M	01:45:29	00:07:20	00:59:29	00:38:40
030	299	Simon Robinson	Kingfisher Tri Club	M	01:45:35	00:06:17	01:02:52	00:36:26
031	244	Vernon Thomas	Greenwich Tritons	MV	01:45:37	00:09:15	01:00:05	00:36:17
032	246	Steve Watkinson	Unattached	M	01:45:40	00:06:08	01:00:05	00:39:27
033	253	Nigel Bodycomb	White Oak T.C	M	01:46:15	00:07:03	00:59:37	00:39:35
034	159	Keith Wright	North Kent Tri	MV	01:46:17	00:08:09	00:59:41	00:38:27
035	274	Rufus Mead	Z Tri Club	M	01:46:18	00:06:51	00:59:54	00:39:33
036	740	John Bacon	Unattached	MV	01:46:44	00:09:08	01:03:40	00:33:56
037	145	Stuart Baker	North Kent Tri	MV	01:46:53	00:06:50	01:02:07	00:37:56
038	272	Mick Dines	Tri sport Epping	MV	01:47:07	00:06:01	01:02:52	00:38:14
039	234	John Dean	Mosquito Tri Club	MV	01:47:27	00:07:56	01:00:32	00:38:59
040	055	Gordon Stevens	Unattached	MV	01:47:45	00:10:38	00:58:22	00:38:45
041	239	Henryk Gromadzki	City Strollers	MV	01:47:58	00:07:09	01:03:25	00:37:24
042	193	Julia Pascoe	East Grinstead T.C	F	01:48:05	00:06:48	01:03:19	00:37:58
043	171	Alan Ranger	Unattached	M	01:48:18	00:08:35	01:01:51	00:37:52
044	279	David Hibbens	7oaks Swim Club	MV	01:48:27	00:05:57	01:01:59	00:40:31
045	218	Martin Hursey	Kent Fire Brigade	M	01:48:43	00:07:52	01:02:49	00:38:02
046	201	Stephen Hooper	Thanet R.R.	M	01:48:50	00:07:24	01:04:51	00:36:35
047	115	Chris Manson	Unattached	M	01:49:06	00:07:57	00:59:37	00:41:32
048	034	Glynn Stapley	Tonbridge A.C	M	01:49:08	00:08:20	01:05:01	00:35:47
049	160	Michael Horner	Dorking St Pauls	MV	01:49:09	00:07:42	01:04:40	00:36:47
050	067	Brian Walton	Plumpstead Runners	M	01:49:23	00:08:12	01:03:37	00:37:34
051	248	Mark Ashwell	Unattached	M	01:49:23	00:07:48	01:04:55	00:36:40
052	197	Stephen Buckingham	S'bg'h Wheelers	MJ	01:49:43	00:09:00	01:02:35	00:38:08
053	163	Jerry Quinell	Unattached	M	01:49:48	00:08:17	01:01:40	00:39:51
054	229	Simon Cross	North Kent Tri	M	01:49:51	00:07:29	01:04:45	00:37:37
055	227	Roger F-Darby	Deal Tri Squad	MV	01:50:00	00:07:46	01:05:02	00:37:12
056	185	Mark McCaughan	Unattached	M	01:50:06	00:07:10	01:04:30	00:38:26
057	214	John Setford	White Oak T.C	MV	01:50:07	00:07:26	01:04:12	00:38:29
058	302	Andy Jepps	Z Tri Club	M	01:50:10	00:06:06	01:02:28	00:41:36
059	138	Vincent Martin	Tun Wells Tri Club	M	01:50:14	00:10:01	01:03:18	00:36:55
060	164	Dagmar Junghans	Unattached	F	01:50:15	00:09:11	01:01:53	00:39:11
061	263	Garry Penton	Z Tri Club	M	01:50:25	00:06:52	01:02:51	00:40:42
062	128	Roger Sutton	Portsmouth tri	M	01:50:27	00:06:28	01:04:17	00:39:42
063	158	Michael London	North Kent Tri	MV	01:50:28	00:09:08	00:58:30	00:42:50
064	069	Jean-Yves Fumortier	Unattached	MV	01:50:50	00:10:12	01:02:55	00:37:43
065	074	Simon St-Oliver	Unattached	M	01:50:58	00:09:39	01:02:51	00:38:28
066	283	David Hearne	Unattached	M	01:51:07	00:06:05	01:03:35	00:41:27
067	184	Rob Davy	Unattached	M	01:51:27	00:10:32	01:01:22	00:39:33
068	26	Trevor Walker	Cambridge Harriers	M	01:51:30	00:09:13	01:09:58	00:32:19

162	Michael Andrew	Whitek T.C	M	01:51:37	00:07:30	01:01:28	00:42:13	146	181	Andrew Carpenter	Unattached	M	02:05:55	00:15:34	01:11:11	00:39:10	
177	Robert Gray	Bracknell Forest	M	01:51:44	00:07:30	01:04:33	00:39:41	147	199	Martin Allen	Contact A.C	M	02:06:07	00:08:56	01:12:37	00:44:34	
153	Arthur Johns	Unattached	MV	01:52:07	00:08:46	01:06:27	00:36:54	148	252	John Extence	Mid Sussex Tri Club	M	02:06:30	00:06:05	01:16:28	00:43:57	
225	Julia McNulty	Tunbridge Wells Tri Club	F	01:52:15	00:08:13	01:06:39	00:37:23	149	065	Fiona Bishop	Dorking St Pauls	F	02:06:32	00:11:54	01:13:45	00:40:53	
032	David Grant	S'ith London Harriers	MV	01:52:24	00:11:18	01:04:14	00:36:52	150	044	Sue Wood	1066 Tri Club	F	02:06:38	00:09:19	01:10:51	00:46:28	
131	Donald Robb	Tunbridge Wells Tri Club	MV	01:52:31	00:10:04	01:02:48	00:39:39	151	001	Edward Oatley	Unattached	MV	02:06:45	00:13:36	01:05:24	00:47:45	
209	Peter Stevenson	Unattached	M	01:52:32	00:06:54	01:02:49	00:42:49	152	173	Timothy Mallis	Unattached	M	02:06:59	00:09:45	01:06:42	00:50:32	
251	Mark Colman	Club	M	01:52:42	00:06:20	01:06:19	00:40:03	153	092	Andre Alvin	Blackheath Harriers	MV	02:07:05	00:11:29	00:43:39	01:11:57	
057	Mark Greenhoff	Unattached	M	01:52:48	00:09:51	01:02:35	00:40:22	154	178	Ron Otterway	Maidenhead C.C	MV	02:07:25	00:10:58	01:07:01	00:49:26	
140	Ken Smith	Eastinstead T.C	MV	01:53:04	00:09:12	01:07:14	00:36:38	155	033	John Wilkinson	Orpington R.R	MV	02:07:48	00:15:47	01:11:27	00:40:34	
287	Anne Raymond	Northfleet Tri	F	01:53:04	00:05:52	01:06:05	00:41:07	156	149	Patrice Mennesson	Unattached	MV	02:07:48	00:11:18	01:09:07	00:47:23	
168	Mike Breeze	Unattached	MV	01:53:31	00:08:57	01:06:41	00:37:53	157	051	AnneMarie Manley	Unattached	F	02:07:54	00:09:30	01:08:51	00:49:33	
153	Lisa Jones	Eastinstead T.C	F	01:53:31	00:07:56	01:05:02	00:40:33	158	290	Alison Nye	White Oak T.C	F	02:08:05	00:06:04	01:12:53	00:49:08	
125	John Washford	Unattached	MV	01:53:37	00:10:49	01:04:41	00:38:07	159	139	Paul Woodman	Tun Wells Tri Club	M	02:08:14	00:08:56	01:15:49	00:43:29	
242	Robert Hedderman	Whitek T.C	M	01:53:46	00:06:52	01:08:22	00:38:32	160	111	Anthony Cohen	Unattached	M	02:08:19	00:10:28	01:11:26	00:46:25	
076	Philip Jeremy	Unattached	M	01:53:57	00:08:30	01:04:27	00:41:00	161	210	Simon Birch	Unattached	M	02:08:37	00:10:26	01:16:08	00:42:03	
231	Matt Jones	Eastex Tri	M	01:54:06	00:08:06	01:05:16	00:40:44	162	275	Wendy Pettit	Coasters	F	02:08:55	00:06:02	01:14:18	00:48:35	
208	David Reynolds	Unattached	M	01:54:07	00:08:13	01:02:11	00:43:43	163	191	Gillian Lipscombe	Amphibian 2 Tri	FV	02:09:34	00:09:21	01:12:38	00:47:35	
002	David McNulty	Unattached	M	01:54:31	00:09:13	01:04:50	00:40:28	164	147	Caroline Shrimpton	7oaks Hockey Club	F	02:09:42	00:09:50	01:10:41	00:49:11	
257	Carole Sayles	Unattached	F	01:54:43	00:07:58	01:06:16	00:40:29	165	043	Peter Trigwell	Mid Sussex Tri Club	MV	02:09:53	00:12:00	01:16:29	00:41:24	
262	Barbara Winnett	Club	F	01:55:06	00:06:47	01:07:27	00:40:52	166	056	Ian Sturges	Unattached	M	02:10:22	00:10:44	01:08:14	00:51:24	
179	Philip Turner	Club	M	01:55:10	00:06:36	01:02:54	00:45:40	167	133	Timothy McKenzie	Unattached	MV	02:10:56	00:09:50	01:10:52	00:50:14	
066	Michael Cole	Plumstead Runners	M	01:55:12	00:09:05	01:09:47	00:36:20	168	143	Richard Drain	Dartford Swim Club	MV	02:11:16	00:10:30	01:15:42	00:45:04	
189	Barry Mullan	Whitek T.C	M	01:55:45	00:08:02	01:06:40	00:41:03	169	170	Roger Corfield	Unattached	M	02:11:24	00:09:45	01:15:05	00:46:34	
137	David Morland	Metace T.C	M	01:56:00	00:08:45	01:07:44	00:39:31	170	211	Glen Nichols	Unattached	M	02:11:33	00:10:17	01:09:31	00:51:45	
236	Steve Watkins	Coastal	M	01:56:17	00:07:38	01:08:18	00:40:21	171	151	Anthony Adams	Unattached	M	02:12:24	00:11:37	01:11:13	00:49:34	
166	Eva Gromadzki	Unattached	F	01:56:32	00:07:13	01:05:30	00:43:49	172	037	David Longley	Unattached	M	02:12:38	00:10:51	01:10:57	00:50:50	
094	Alex Bygraves	Dartford Swim Club	MV	01:56:33	00:10:35	01:09:40	00:36:18	173	006	Robert Probian	Unattached	M	02:12:48	00:12:45	01:16:56	00:43:07	
089	Paul Gibbs	Surbiton Fire&Rescue	M	01:56:39	00:07:37	01:08:37	00:40:25	174	091	Margaret M-Taylor	Amphibian 2 Tri	FV	02:12:59	00:11:36	01:19:53	00:41:30	
073	Colin Copeland	Unattached	M	01:56:42	00:09:00	01:04:30	00:43:12	175	169	Nigel Webb	Unattached	M	02:13:10	00:11:20	01:18:59	00:42:51	
136	David Barton	Tri	MV	01:56:47	00:08:10	01:05:45	00:42:52	176	126	Angela Watson	Unattached	F	02:13:21	00:09:20	01:15:37	00:48:24	
090	Steve Northeast	Surbiton Fire&Rescue	M	01:56:56	00:08:59	01:08:29	00:39:28	177	104	Trevor Greening	Unattached	M	02:13:23	00:11:24	01:12:47	00:49:12	
186	Brad Atkinson	Surbiton Fire&Rescue	M	01:56:56	00:09:55	01:01:16	00:45:45	178	150	Colin Saunders	Unattached	M	02:14:46	00:11:10	01:18:26	00:45:10	
212	Mathew Bell	Unattached	M	01:56:59	00:07:50	01:02:19	00:46:50	179	101	Laura Elliott	Unattached	FJ	02:14:59	00:11:39	01:12:39	00:50:41	
060	Robert Crilly	Unattached	M	01:57:01	00:10:55	01:08:07	00:37:59	180	106	Bruce Beattie	Unattached	M	02:15:46	00:10:28	01:20:20	00:44:58	
165	James Willcocks	Unattached	MJ	01:57:46	00:06:10	01:04:48	00:46:48	181	167	Megan Kennedy	Unattached	F	02:16:05	00:08:51	01:20:49	00:46:25	
228	Richard Turton	Whitek T.C	M	01:58:08	00:06:46	01:06:11	00:45:11	182	182	Robert MacGregor	Unattached	M	02:16:08	00:11:45	01:15:36	00:48:47	
187	Simon Griffiths	Sulham Team	M	01:58:16	00:08:56	01:06:11	00:40:23	183	156	Megan Murray	Club Delta	F	02:16:30	00:09:12	01:17:09	00:50:09	
124	Michael Howson	Unattached	MV	01:58:23	00:12:30	01:05:30	00:40:46	184	005	Richard Christian	Unattached	M	02:16:48	00:13:00	01:15:23	00:48:25	
220	Andrew Staniford	Green Tritons	M	01:58:26	00:07:46	01:08:08	00:42:32	185	071	Isobel Evans	7oaks Hockey Club	F	02:17:48	00:11:01	01:16:57	00:49:50	
176	David Fox	Tri	M	01:58:27	00:07:15	01:07:09	00:44:05	186	024	Ian Glencross	Unattached	M	02:17:49	00:13:35	01:00:00	01:04:14	
224	Clive Norman	Unattached	M	01:58:28	00:08:13	01:07:49	00:42:36	187	075	Peter S-Jones	Unattached	MV	02:18:56	00:09:40	01:21:02	00:48:14	
087	Nigel Gray	Surbiton Fire&Rescue	M	01:58:49	00:10:52	01:07:23	00:40:35	188	141	Alan Rule	Club 3	MV	02:19:47	00:08:44	01:20:09	00:50:54	
096	William Holliday	7oaks Prep School	MV	01:59:29	00:16:50	01:04:58	00:43:41	189	054	Clare Bunton	Unattached	F	02:20:19	00:12:58	01:21:41	00:45:40	
120	Simon Leegood	Unattached	M	01:59:37	00:09:17	01:10:39	00:39:26	190	243	Charlotte Vilen	Tun Wells Tri Club	F	02:21:06	00:07:56	01:17:55	00:55:15	
083	Granville Bantick	Dea Squad	MV	01:59:37	00:09:20	01:10:00	00:40:31	191	123	Michael Wheeler	Unattached	M	02:21:42	00:11:14	01:22:03	00:48:25	
206	David Wilson	Unattached	M	01:59:59	00:08:00	01:08:00	00:43:58	192	098	Mike Chalmers	Cambridge Harriers	MV	02:22:57	00:11:25	01:22:54	00:48:38	
105	Michael Adams	Unattached	MV	02:00:17	00:04:59	01:01:17	00:45:51	193	038	Nigel Ball	Unattached	M	02:23:08	00:13:21	01:16:47	00:53:00	
223	Anthony Congdon	Unattached	M	02:00:54	00:06:20	01:11:46	00:40:48	194	219	Julie Nicholson	7oaks Hockey Club	F	02:23:40	00:09:12	01:24:07	00:50:21	
041	Neil Jones	Unattached	M	02:00:59	00:09:17	01:01:17	00:43:55	195	017	Sandra Hughes	Unattached	M	02:23:50	00:12:15	01:28:38	00:42:57	
235	David Simpson	Sevenoaks A.C.	MV	02:01:12	00:09:08	01:08:25	00:43:39	196	009	Jennifer Grant	S'ith London Harriers	FV	02:24:39	00:09:52	01:29:52	00:44:55	
217	Peter Frost	Erith Swimming Club	M	02:01:18	00:06:45	01:12:19	00:42:14	197	053	Michele Close	7oaks Hockey Club	F	02:24:53	00:11:12	01:17:16	00:56:25	
118	James Stay	Unattached	M	02:01:25	00:09:50	01:12:34	00:38:55	198	008	Nigel Turley	7oaks 41 Club	MV	02:26:07	00:10:56	01:26:09	00:49:02	
190	Carl Adams	Whitek T.C	M	02:01:38	00:08:34	01:07:45	00:45:19	199	040	Janet Stevens	Unattached	FV	02:26:15	00:13:35	01:18:26	00:54:14	
256	Paul Leeming	Unattached	M	02:01:39	00:06:58	01:08:28	00:46:13	200	031	Colin Smithers	Unattached	M	02:26:19	00:12:35	01:16:56	00:56:48	
117	Mike Vanata	Unattached	M	02:01:46	00:13:06	01:03:00	00:45:40	201	258	Scott Lamas	White Oak T.C	M	02:26:30	00:07:12	01:24:38	00:54:40	
003	Kevin Palmer	7oaks Wlm Club	M	02:01:49	00:09:10	01:18:14	00:34:25	202	052	John Martin	Unattached	M	02:29:56	00:12:03	01:26:53	00:51:00	
082	John Lindsay	Unattached	M	02:01:58	00:11:54	01:08:42	00:41:43	203	099	Donna Parker	Unattached	FV	02:34:37	00:15:17	01:23:55	00:55:25	
119	Simon Elliott	Unattached	M	02:02:18	00:08:54	01:11:21	00:41:58	204	177	Meryll Barton	Unattached	F	02:38:47	00:11:16	01:39:29	00:48:02	
122	Kevin Henworth	Unattached	M	02:02:28	00:11:25	01:11:00	00:40:03	205	010	John Davies	Plumstead Runners	MV	02:42:18	00:12:50	01:30:57	00:58:31	
152	Nicholas Amos	Unattached	M	02:02:30	00:11:50	01:12:53	00:37:47	206	102	Lela Knight	Unattached	F	02:47:52	00:12:55	01:34:51	01:00:06	
200	Sean Ryan	Coastal A.C.	M	02:02:48	00:09:36	01:05:06	00:48:06	207	100	Marian Tingley	Unattached	FV	02:49:22	00:18:54	01:06:25	01:24:03	
194	Stephen Martin	Eastinstead T.C	F	02:03:04	00:07:23	01:11:49	00:43:52	208	039	Sarah Batt	Unattached	FJ	02:54:28	00:13:03	01:36:18	01:05:07	
068	John Dent	Sevenoaks A.C	MV	02:03:05	00:12:59	01:10:47	00:39:19	209	022	Amanda Alexander	Unattached	F	02:55:26	00:17:15	01:33:09	01:05:02	
027	Ian Holding	Unattached	M	02:03:07	00:12:15	01:06:13	00:42:39	210	222	James McNulty	Unattached	MV	02:55:39	00:16:22	01:01:31	01:37:46	
049	Tom Burnham	Orpington R.R	MV	02:03:09	00:12:42	01:09:27	00:41:00	211	108	Nicholas Spinks	Unattached	M	02:56:21	00:10:04	01:39:34	01:06:43	
269	Chris Sims	Unattached	M	02:03:30	00:07:35	01:14:17	00:41:38	212	070	Lesley Saunders	Unattached	F	03:05:28	00:13:30	01:45:21	01:06:37	
144	Sue Gilhooly	Northfleet Tri	F	02:03:39	00:09:15	01:08:32	00:45:52	213	172	Trev Stephenson	Unattached	M	03:16:43	00:14:05	01:39:57	01:24:41	
207	Ian Fleming	Unattached	M	02:03:44	00:07:51	01:09:47	00:46:06										
064	Alan Taplin	Orpington R.R.	MV	02:03:51	00:15:39	01:14:25	00:33:47										
007	Guy Sankey	Tunbridge Wells Runners	MV	02:04:07	00:11:45	01:10:56	00:41:26										
059	Mark Stay	Unattached	M	02:													