

THE SEVENOAKS SWIM RUN															
500/8KM RESULTS			(ALL : MALE & FEMALE)						EVENT DATE 15/04/01						
Pos	Competitor	Race No	Club	Cat	Sex	Swim			Run			Total			Pen
						Time	Cat	Ovl	Time	Cat	Ovl	Time	Cat	Ovl	
1	Russell KOBER	56	East Essex Tri	E	M	00:06:59	1	1	00:29:14	1	1	00:36:13	1	1	
2	Paul SMOOTHY	48		F	M	00:07:34	2	4	00:29:26	1	2	00:37:00	1	2	
3	Darren TREADWAY	52		D	M	00:07:39	1	6	00:29:53	1	3	00:37:32	1	3	
4	Dave CANDY	58	Asics Multispor	G	M	00:07:51	1	7	00:30:19	1	5	00:38:10	1	4	
5	Gary POULTER	53	East Essex Tri	E	M	00:08:02	4	8	00:30:17	2	4	00:38:19	2	5	
6	Mark CLAYTON	49		E	M	00:07:13	2	2	00:31:43	3	11	00:38:56	3	6	
7	Graham HART	57	East Essex Tri	G	M	00:08:11	2	9	00:31:09	2	8	00:39:20	2	7	
8	Graham ADCOCK	59	Barnet and Dist	G	M	00:08:52	3	12	00:31:13	3	9	00:40:05	3	8	
9	Jason MANN	50		H	M	00:09:09	1	14	00:31:01	1	6	00:40:10	1	9	
10	Marcus SMITH	44	White Oak Tri C	F	M	00:08:26	3	10	00:32:37	3	12	00:41:03	2	10	
11	Philip WESTOBY	43	Army Tri Assoc	E	M	00:07:36	3	5	00:33:34	4	14	00:41:10	4	11	
12	Roger WATTS	30	East Grinstead	F	M	00:10:04	8	27	00:31:08	2	7	00:41:12	3	12	
13	Nigel BURNELL	37		H	M	00:09:42	3	21	00:31:36	2	10	00:41:18	2	13	
14	Jane BOULTON	31	East Grinstead	I	F	00:09:52	1	23	00:32:48	1	13	00:42:40	1	14	
15	David BETTINSON	35		E	M	00:08:39	5	11	00:34:08	5	16	00:42:47	5	15	
16	Neil MCALLISTER	60		D	M	00:09:17	2	16	00:33:40	2	15	00:42:57	2	16	
17	Lisa CORDER	46	Team Ingarfield	F	F	00:07:29	1	3	00:37:03	4	20	00:44:32	4	17	
18	Ken TREADWELL	21	White Oak Tri C	K	M	00:09:51	1	22	00:35:47	1	18	00:45:38	1	18	
19	Dan MACE	51		E	M	00:10:14	6	31	00:35:28	6	17	00:45:42	6	19	
20	Martin BURGESS	28		H	M	00:10:04	4	27	00:36:22	3	19	00:46:26	3	20	
21	Nigel CARRINGTON	10	Greenwich Trito	G	M	00:09:17	5	16	00:37:32	4	22	00:46:49	4	21	
22	Mike RUSSELL	25	Mid-Kent Tri	J	M	00:10:05	1	29	00:37:16	1	21	00:47:21	1	22	
23	Julie BACKLEY	22	Greenwich Trito	F	F	00:09:59	7	25	00:38:37	6	24	00:48:36	5	23	
24	Paul HOLLAND	18	Mid-Kent Tri	G	M	00:10:11	8	30	00:38:45	5	25	00:48:56	5	24	
25	Richard JOLLY	14		F	M	00:10:37	10	36	00:38:23	5	23	00:49:00	6	25	
26	James PETERS	40		H	M	00:09:29	2	18	00:39:52	4	27	00:49:21	4	26	
27	John COX	16		F	M	00:09:38	6	20	00:40:29	7	29	00:50:07	7	27	
28	James LANG	45	B Med Squ 4GS	G	M	00:09:12	4	15	00:41:07	6	34	00:50:19	6	28	
29	Becky KINGDON	20		C	F	00:11:52	1	44	00:39:12	1	26	00:51:04	1	29	
30	Sasha HOLMES	7	Walden Triathlon	F	F	00:10:23	9	33	00:40:59	8	32	00:51:22	8	30	
31	Joe PARDO	32	East Grinstead	H	M	00:10:45	6	37	00:40:38	6	30	00:51:23	5	31	
32	Bernadette HENRY	23	Greenwich Trito	F	F	00:09:31	5	19	00:41:56	9	38	00:51:27	9	32	
33	Thomas BARRETT	2		I	M	00:10:34	2	35	00:40:59	2	32	00:51:33	2	33	
34	Henry JONES	39		E	M	00:11:21	7	40	00:40:39	7	31	00:52:00	7	34	
35	Paul HEDGER	19	East Grinstead	I	M	00:10:49	3	38	00:41:27	3	36	00:52:16	3	35	
36	Keren FALLWELL	38	Greenwich Trito	G	F	00:09:57	6	24	00:43:27	8	41	00:53:24	7	36	
37	Sean HANNON	24	Greenwich Trito	J	M	00:12:21	2	45	00:41:17	2	35	00:53:38	2	37	
38	Deborah MUNTON	13		H	F	00:11:36	7	42	00:42:09	7	39	00:53:45	6	38	
39	Paul ALFORD	17		G	M	00:11:30	11	41	00:42:34	7	40	00:54:04	8	39	
40	Trevor MCILROY	11		G	M	00:10:18	9	32	00:44:07	9	42	00:54:25	9	40	
41	Robert MACDERMOTT	4		H	M	00:14:27	8	49	00:40:28	5	28	00:54:55	7	41	
42	Robert IVESON	1		I	M	00:13:43	4	48	00:41:34	4	37	00:55:17	4	42	
43	Marc AINSWORTH	27		G	M	00:09:59	7	25	00:45:53	10	45	00:55:52	10	43	
44	Claire PARDO	33	East Grinstead	H	F	00:10:33	5	34	00:45:26	8	43	00:55:59	8	44	
45	David SIMPSON	15		L	M	00:12:29	1	46	00:45:47	1	44	00:58:16	1	45	
46	Helga SERGEL	55		F	F	00:09:03	4	13	00:49:43	11	49	00:58:46	10	46	
47	Cindy HARVEY	9		G	F	00:10:51	10	39	00:49:02	11	47	00:59:53	11	47	
48	Emily CONNOR	12		G	F	00:11:41	12	43	00:49:35	12	48	01:01:16	12	48	
49	Leila HUDSON	3		F	F	00:15:13	11	51	00:47:16	10	46	01:02:29	11	49	

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						Time	Cat	Ovl	Time	Cat	Ovl	Time	Cat	Ovl	
50	Cindy ACKERMAN	54		D	F	00:14:35	3	50	00:50:18	3	50	01:04:53	3	50	
51	Clare CALDER	6	East Essex Tri	G	F	00:12:33	13	47	00:54:56	13	51	01:07:29	13	51	